

# Waltz Silver - Overstay

		Man's			Lady's		
Phase	Time	Foot	Body	Details	Foot	Body	Details
Twinkle	1	L	Closed	Forward	R	Closed	Back
	2	R	Closed	Side, right and forward	L	Closed	Side, back and left
	3	L	Prom	Foot sweep passed right then out forward diagonal left side leading	R	Prom	Back, pivot right sweeps near left then side to right
Challenge	1	R	CBMP	Forward	L	CBMP	Forward and across
	2	L	Closed	Side slightly forward	R	Closed	Forward, end to side
	3		Hold	Left side cuts her off Wind up to the right Left knee bent		Hold	Shape, hips a little back Weight off RF Left straight Right bent
Sway	1		Hold	Slow turn upper body to left Pressure on ball of RF		Hold	Turn RF to slowly left Head too
	2		Hold	Do not bend over her		Hold	Bend right knee during turn Straighten left
	3		Hold	Straighten		Hold	Sway
Brush	1	R	Closed	Bring weight to RF	L	Closed	Bring weight to LF
	2	L	Closed	Brush to RF Come up to verticle	R	Closed	Brush RF to LF
	3	L	Prom	Forward, Passing, infront of left foot	R	Prom	Side

During the sway the man's line changes from head to right toe to head to left toe  
Ends in Promenade